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Things I Wish I'd Known Before We Got Married



Synopsis

"Most people spend far more time in preparation for their vocation than they do in preparation for marriage," No wonder the divorce rate hovers around fifty percent. Bestselling author and marriage counselor, Gary Chapman, hopes to change that with his newest book. Gary, with more than 35 years of counseling couples, believes that divorce is the lack of preparation for marriage and the failure to learn the skills of working together as intimate teammates. So he put together this practical little book, packed with wisdom and tips that will help many develop the loving, supportive and mutually beneficial marriage men and women long for. It's the type of information Gary himself wished he had before he got married. This is not a book simply to be read. It is a book to be experienced. The material lends itself to heart-felt discussions by dating or engaged couples. To jump-start the exchanges, each short chapter includes insightful "Talking it Over" questions and suggestions. And, the book includes information on interactive websites as well as books that will enhance the couples experience. Dr. Chapman even includes a thought-provoking appendix. By understanding and balancing the five key aspects of life, dating couples can experience a healthy dating relationship. A revealing learning exercise for dating couples is included at the end.

Book Information

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Customer Reviews

As you can tell by the title of this book, it targets those who are thinking about getting married, in the process of, and newlyweds. I would even suggest this book for a marriage on the rocks; it might

help give that couple the chance to step back, look at everything, and possibly see where they can work in order to save the marriage. I have to admit, my first reaction when I opened this book wasn't that great. The first thing I read was "On a scale of 0-10, how strongly do you feel the "tingles" for the person you are dating?" Don't worry, it does get better. Chapman keeps this book very practical. One of the chapters is called "That toilets are not self-cleaning" - all about the contemporary confusion of gender roles. Some of the best practical advice is to recognize each others' abilities, and leverage them for the benefit of the marriage (i.e. If she is better at handling the money then she should). One of the main points, as Chapman expounds on the two stages of romantic love, is that most men do not understand or comprehend female sexuality. We go in assuming that they are like us - even if we give lip service to the differences in the sexes. One of my favorite quotes: "If I had known that taking out the garbage was sexy for my wife, I would have been taking out the garbage twice a day." Probably one of the most relevant chapters is the one called "That spirituality is not to be equated with 'going to church'," One of the things that stresses out more Christian marriages is when one of the spouses stops going to church as regularly after getting married. He is not saying that you shouldn't go to church, but that we shouldn't hold that as the golden standard of spirituality.

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